

## **booking your session on MyWellness app**

- Download Aquafit app.
- Create an Aquafit account (if you don't already have one)
- Log in with your individual Aquafit username and password
- Click 'CLASS TIMETABLE' on home screen
- Select day and time of the class you would like to attend
- Select 'BOOK'
- All sessions will be displayed and available for booking 7 days in advance
- Important: all payments must be received by the end of week 1 or you will not be able to book online until payment is received
- Bookings are essential

## **cancelling your session**

- If you wish to cancel the booking. Go back into the class timetable, find the date and time you would like to cancel and select 'CANCEL'
- This must be done a minimum of 2 hours prior to the session start time to avoid charge/forfeit of session.